

VALOR COUNSELING CENTER, PLLC

Megan Page, B.S.
Counselor Intern
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PROFESSIONAL DISCLOSURE STATEMENT

Thank you for choosing Valor Counseling Center, PLLC and I, Megan Page, as your professional counselor intern. We are honored to be able to assist you with your mental health needs and steps towards growth and healing. The purpose of this form is to provide information regarding your treatment in this professional counseling setting. Please read this form entirely before signing and agreeing to its contents.

CREDENTIALS

Bachelor of Science in Communication @ Kennesaw State University 2016
Master of Arts in Christian Marriage, Family, and Individual Therapy @ Southeastern Baptist Theological Seminary (present)

ABOUT COUNSELING

Counseling is a decision an individual, couple or family makes because they desire to better themselves or process a situation or relationship. As your counselor, I am committed to helping you achieve your personal goals and maintain a professional relationship with you. If at any point in the counseling process you are not satisfied for some reason, please let me know so we can adjust goals and/or think about possible next steps or different approaches that may be more beneficial. Your care and overall health are most important to me clinician.

ABOUT MEGAN

Megan Page received a Bachelor of Science degree in Communication from Kennesaw University. After spending time in Asia and North Africa for a few years, she returned to her Alma Mater to serve as a campus minister. During this time, she helped college students navigate difficult challenges including anxiety, depression, self-harm, and sexual abuse. She decided to pursue counseling at Southeastern Baptist Theological Seminary to become a resource to those who have experienced trauma. She is working towards serving military families with her husband.

Megan has experience working with both students and couples. She believes everyone holds incredible worth and a unique story that deserves to be heard and understood. Megan incorporates a theological perspective into her clinical counseling approach.

CONFIDENTIALITY

Confidentiality at Valor Counseling Center is guaranteed. For adults (18 years +), confidentiality means everything discussed in the counseling session will stay between myself, the provider, and the client(s) in a session or group. In a couple's session, I, the therapist, will not keep information from the other partner at any time or for any reason. In a counseling session, the only time confidentiality would be broken is if a client(s) admits to planning harm to themselves or someone else, in which case, I will take the necessary steps to keep this from happening. In addition, while telehealth sessions are conducted through a HIPPA compliant platform, due to limitations with online accessibility, there is always a chance of confidentiality being interrupted at some point due to technology slips. In North Carolina, confidentiality is explained further here: <https://www.ncblpc.org/LawsAndCodes>

EMERGENCIES

While I try to check my messages frequently during the day, I may be in session for several hours before I have an opportunity to view and respond to them. **For ALL emergencies, call 911 immediately.** For additional care call Triangle Springs at 919.768.8900 or call 988 to speak with a trained crisis-response counselor.

LATE CANCELLATION / NO-SHOW POLICY

Late cancellations must be made 24 hours prior to the appointment time in-order to avoid the late cancellation fee of \$120. A no-show (failure to cancel within 24 hours of the appointment time beginning or failure to show-up for the session completely) will result in a full session charge of \$160. Late cancellations and no-show fees are never covered by insurance. They are a set fee no matter the client’s normal copay/fee. After two no-show appointments I will assume the client is not ready for therapy and offer referrals. In addition, Therapy Appointment reminders are considered a curtesy reminder and should not be relied on for your session time(s). Thank you for respecting this clinical boundary as this counseling session time is set aside specifically for you or your child.

PAYMENTS

Full payment for your session is due at the time of service. We accept all major credit cards, flex or HSA cards, cash and personal check. Please refer to the payment form for more information on payment amounts and session times. This form must be signed before the first session. Returned checks will result in a \$30 fee.

INTERN SESSIONS

At Valor Counseling Center, interns are under the supervision of Ashley Wright, meaning she oversees and discusses the intern’s clients with him/her on a regular basis in a confidential way without use of name or personal information. In addition, the intern is monitored by their graduate school professors and program following state ethical guidelines. Interns may also ask to record counseling sessions for review with their supervisors. Because interns are not fully licensed, they are not allowed to be in-network with insurance companies and therefore must do a sliding scale. The cost of therapy is for the purpose of using the given space, resources and to maintain a professional environment and commitment to therapy.

GROUP SESSIONS

At Valor Counseling Center, we offer various types of group work. Please note that if you ever choose to participate in a group, you are signing this form to agree to complete confidentiality. These boundaries will be discussed on the first night of group work. Failure to keep confidential information within the group will result in immediate removal from the entire practice for all therapy needs.

Printed Name Date

Signature Date