

# VALOR COUNSELING CENTER, PLLC

Emery Pulido, BS  
Professional Counselor Intern  
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## **PROFESSIONAL DISCLOSURE STATEMENT**

Thank you for choosing Valor Counseling Center, PLLC and I, Emery Pulido, as your Professional Counselor Intern. I am honored to be able to assist you with your mental health goals. The purpose of this form is to provide detailed information regarding your counseling treatment. Please read this form entirely before signing and agreeing to all its contents.

### **CREDENTIALS**

I, Emery Pulido, have a Bachelor of Science in Business Finance from North Carolina State University. I have worked in the finance field for the past 3 years utilizing insurance and securities licenses. Currently, I am finishing my coursework to receive a Master of Arts in Clinical Counseling from Liberty University. I plan to be licensed in the state of North Carolina as a LCMHCA.

### **ABOUT COUNSELING**

Counseling is a decision an individual, couple or family makes because they want to better themselves or process a situation or relationship. As your counselor, I am committed to helping you achieve your personal goals and maintain a professional relationship with you. If at any point in the counseling process you are not satisfied for some reason with our sessions, please let me know so we can adjust goals and/or think about possible next steps or different approaches that may be beneficial. Your care and overall health are most important to me clinician.

### **ABOUT EMERY**

I, Emery Pulido, graduated with a Bachelor of Science degree in Business Finance from North Carolina State University in 2020. This degree along with my professional experience as a financial associate equipped me with a strong foundation in financial principles, analytical skills, and a comprehensive understanding of business and personal dynamics surrounding finances. While my undergraduate education was centered around business, my continuing education focused on my goal to work with and help others reach their personal, social, spiritual, financial, and relationship goals via professional counseling. I aim to help individuals foster growth in their lives and growth in their relationships with others through counseling as an intern at Valor Counseling Center.

### **CONFIDENTIALITY**

Confidentiality at Valor Counseling Center is guaranteed according to governed HIPPA laws. As a Professional Counseling Intern, I am required to regularly meet for confidential supervision sessions with my academic counseling supervisor and professor for guidance and training. During these sessions I will refrain from using any detailed information such as name, race, personal information and so forth to maintain safety. We may watch recorded video counseling sessions only if you, the client, agree and sign this specific form. Confidentiality can be broken if a client(s) admits to planning harm to themselves or someone else, in which case, I will take the necessary steps to keep this from happening.

For adults (18 years +), confidentiality means everything discussed in the counseling session will stay between myself, the provider, and the client(s) in a session or group. If I am counseling a 17-year-old and they turn 18, they must sign a release form for parents to have any involvement in sessions. The 18-year-old can decide which information to release.

In a couple's session, I, the therapist, will not keep information from the client's partner at any time or for any reason which includes emails and/or phone calls. All conversations are open, and I will always encourage honesty. Finally, while telehealth sessions are conducted through a HIPPA compliant platform, due to limitations with online accessibility, there is always a chance of confidentiality being interrupted at some point due to technology slips. In North Carolina, confidentiality is explained further here: <https://www.ncblpc.org/LawsAndCodes>

**EMERGENCIES**

While I try to check my messages frequently during the day, I may be in session for several hours before I have an opportunity to view and respond to them. **For ALL emergencies, call 911 immediately.** For in-patient or out-patient care call Triangle Springs at 919.768.8900 or call 988 to speak with a trained crisis-response counselor.

**LATE CANCELLATION / NO-SHOW POLICY**

Late cancellations must be made 24 hours prior to the appointment time to avoid the late cancellation fee which is half of your normal session fee. A no-show (failure to cancel within 24 hours of the appointment time beginning or failure to show-up for the session completely) will result in a full session charge of your normal session fee. Late cancellations and no-show fees are never covered by insurance. After two no-show appointments or continued cancellations I will address possibly pausing therapy until the client feels ready to commit. Thank you for respecting this clinical boundary as this time is set aside specifically for you.

**PAYMENTS**

Full payment for your session is due at the time of service. We accept all major credit cards, flex or HSA cards, cash and personal check. Please refer to the payment form for more information on payment amounts and session times. This form must be signed before the first session. Returned checks will result in a \$30 fee. A credit card is required to be kept on file for late cancellation purposes or no shows.

As a Professional Counseling Intern, I am unable to take insurance due to state counseling laws; therefore, at Valor Counseling Center we offer a sliding scale based on household income (see intern fees form). Please reach out to Valor Counseling Center's Owner and one of my supervisors, Ashley Wright, LCMHC @ [ashley.wright@valorcounselingcenter.com](mailto:ashley.wright@valorcounselingcenter.com) for any questions regarding payment.

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Printed Name	Date
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Signature	Date
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